



**#TAKEYOURSEAT**

**CARD GAME**



**WE DON'T TALK  
ENOUGH ABOUT...**

**SHOULD BIRTH  
CONTROL BE FREE?**

**She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**WOMEN CHOOSING  
TO BE CHILD FREE.**

**She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**CONTROLLING  
WOMEN'S BODIES  
BY RESTRICTING  
ABORTION.**

**She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**PERIODS.**

**She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**THE 7 MILLION  
WOMEN ADMITTED  
TO HOSPITALS EVERY  
YEAR FROM  
UNSAFE ABORTION.**

<sup>1</sup> World Health Organization **She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**NEARLY HALF OF  
ABORTIONS ARE  
UNSAFE. WHAT'S  
GOING WRONG?**

**She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**TRANS EXCLUSION.**

**She Decides.**

**WE WANT TO  
TALK ABOUT...**

**WHY CONTRACEPTION  
CAN BE DIFFICULT  
TO ACCESS.**

**She Decides.**

**WE WANT TO  
TALK ABOUT...**

**WHY ABORTION  
SHOULDN'T BE  
SURROUNDED BY  
SHAME.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**SLUT SHAMING.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**STIGMA ABOUT  
MENOPAUSE AT WORK.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**MENOPAUSE.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**HAVE YOU HAD AN STI?  
DID YOU FEEL  
CONFIDENT GETTING  
TREATMENT?**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**THREE OUT OF TEN  
PREGNANCIES END IN  
ABORTION WORLDWIDE.**

<sup>1</sup> World Health Organization **She** Decides.

**LET'S HAVE  
A CONVERSATION  
ABOUT...**

**DECOLONISING  
CONTRACEPTION.**

**She** Decides.

**LET'S HAVE  
A CONVERSATION  
ABOUT...**

**"IS IT YOUR TIME  
OF THE MONTH?"**

**She** Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

HOW MENOPAUSE  
AFFECTS DAILY LIFE.

She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

WHY PERIOD  
PRODUCTS SHOULD  
BE FREE.

She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

HOW TO TALK TO  
YOUR PARTNER ABOUT  
SEXUAL HEALTH.

She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

ACCESSING ABORTION  
IN LOCKDOWN.

She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

73.3 MILLION  
INDUCED ABORTIONS  
EACH YEAR.

<sup>1</sup>World Health Organization She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

25 MILLION  
UNSAFE ABORTIONS  
EVERY YEAR.

<sup>2</sup>RCOG She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

FEMALE SEXUALITY.

She Decides.

LET'S HAVE

A CONVERSATION

ABOUT...

WHY THERE ARE  
NEGATIVE ATTITUDES  
TOWARDS FEMALE  
SEXUALITY.

She Decides.

**WE DON'T TALK  
ENOUGH ABOUT...**

**SELF-PLEASURE.**

**She** Decides.

**WE DON'T TALK  
ENOUGH ABOUT...**

**OUR FIRST SEXUAL  
EXPERIENCE.**

**She** Decides.

**WE DON'T TALK  
ENOUGH ABOUT...**

**VAGINAL DRYNESS.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**THE PLEASURE GAP.**

The disparity between heterosexual men and women's sexual satisfaction.

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**MENSTRUAL CRAMPS.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**HOMOPHOBIA.**

**She** Decides.

**WE WANT TO  
TALK ABOUT...**

**WHY DO WE SEE  
WOMEN ENJOYING SEX  
AS A BAD THING?**

**She** Decides.

**LET'S HAVE  
A CONVERSATION  
ABOUT...**

**WHY DO WE JUDGE  
PEOPLE BASED ON  
THEIR NUMBER OF  
SEXUAL PARTNERS?**

**She** Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

30% OF FEMALES  
GLOBALLY HAVE  
REPORTED THAT THEIR  
FIRST SEXUAL EXPERIENCE  
WAS FORCED.

<sup>3</sup>UN Women

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

SEX OUTSIDE  
MARRIAGE.

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

WHAT DOES SEXUALITY  
MEAN TO YOU?

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

VIRGINITY.

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

SEXUAL EXPLOITATION.

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

VIOLENCE IN  
TEENAGE DATING  
RELATIONSHIPS.

She Decides.

WE DON'T TALK  
ENOUGH ABOUT...

GENDER BASED  
VIOLENCE.

She Decides.

WE DON'T TALK  
ENOUGH ABOUT...

THE 3 MILLION GIRLS  
AT RISK OF FEMALE  
GENITAL MUTILATION /  
CUTTING EVERY YEAR.

<sup>4</sup>World Health Organization

She Decides.

**WE DON'T TALK  
ENOUGH ABOUT...**

**WHY WE STILL  
NEED THE #METOO  
MOVEMENT.**

**She Decides.**

**WE DON'T TALK  
ENOUGH ABOUT...**

**REVENGE PORN\***

\*The sharing of explicit or sexual, images or videos, without the consent of the person in the image.

**She Decides.**

**WE WANT TO  
TALK ABOUT...**

**1 IN 3 WOMEN HAVE  
EXPERIENCED PHYSICAL  
AND/OR SEXUAL  
VIOLENCE.**

<sup>5</sup> World Health Organization **She Decides.**

**WE WANT TO  
TALK ABOUT...**

**1 IN 4 WOMEN  
EXPERIENCE PHYSICAL  
AND/OR SEXUAL  
VIOLENCE DURING  
PREGNANCY.**

<sup>6</sup> OCHA reliefweb **She Decides.**

**WE WANT TO  
TALK ABOUT...**

**WOMEN BETWEEN THE  
AGES OF 15 AND 44 ARE  
AT A HIGHER RISK OF  
RAPE AND DOMESTIC  
VIOLENCE THAN CANCER,  
CAR ACCIDENTS, MALARIA  
OR BEING INJURED  
IN WAR.**

<sup>6</sup> OCHA reliefweb **She Decides.**

**WE WANT TO  
TALK ABOUT...**

**DO YOU KNOW WHAT  
FEMALE GENITAL  
CUTTING IS?  
DID YOU KNOW 200  
MILLION WOMEN HAVE  
EXPERIENCED IT?**

<sup>7</sup> World Health Organization **She Decides.**

**WE WANT TO  
TALK ABOUT...**

**HOW 28 GIRLS UNDER  
18 GET MARRIED  
EVERY MINUTE.**

<sup>6</sup> OCHA reliefweb **She Decides.**

**WE WANT TO  
TALK ABOUT...**

**THE SEXUALISATION  
OF WOMEN IN  
THE MEDIA.**

**She Decides.**

LET'S HAVE  
A CONVERSATION  
ABOUT...

38% OF MURDERS OF  
WOMEN ARE  
COMMITTED BY A MALE  
PARTNER.

<sup>3</sup>World Health Organization

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

150 MILLION GIRLS  
WORLDWIDE ARE  
RAPED OR SUBJECT TO  
SEXUAL VIOLENCE  
EACH YEAR.

<sup>4</sup>OCHA reliefweb

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

HOW WOULD YOU  
DEFINE SEXUAL ABUSE?

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

OVER 700 MILLION  
WOMEN ALIVE TODAY  
WERE MARRIED AS  
CHILDREN (UNDER THE  
AGE OF 18).

<sup>4</sup>OCHA reliefweb

She Decides.

LET'S HAVE  
A CONVERSATION  
ABOUT...

CONSENT.

She Decides.

WE WANT TO  
TALK ABOUT...

SEXUAL PLEASURE.

She Decides.

WE WANT TO  
TALK ABOUT...

WHY BIRTH CONTROL  
SHOULD BE FREE.

She Decides.

WE WANT TO  
TALK ABOUT...

THE IMPACT OF  
SEXUAL HARASSMENT.

She Decides.



**WE DON'T TALK  
ENOUGH ABOUT...**

**THE IMPACT OF  
UNSAFE ABORTIONS.**

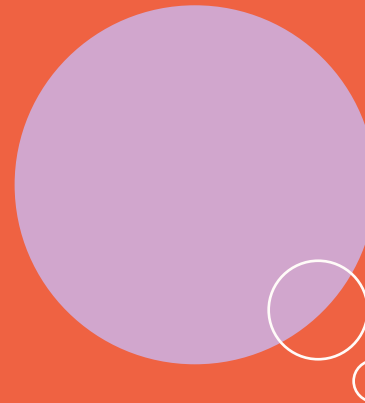
**She** Decides.

**LET'S HAVE  
A CONVERSATION  
ABOUT...**

**WOMEN BEING  
EXCLUDED FROM  
DECISIONS ABOUT THEIR  
BODIES AND LIVES.**

**She** Decides.

**WHAT DO YOU WANT  
TO TALK ABOUT?**



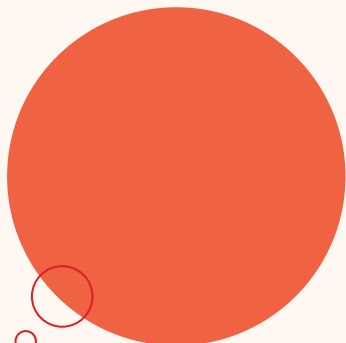
**She** Decides.

**WHAT ISSUE  
DO WE NEED TO  
TALK ABOUT?**



**She** Decides.

**IF YOU WANT TO,  
TELL ME MORE.**



**She** Decides.

**HOW DO YOU FEEL?**



**She** Decides.

**LET'S TAKE A BREAK**



**She** Decides.

**HOW TO PLAY**



Shuffle the deck and draw a card.  
On the back will be a conversation starter.

What does the statement, question or fact  
make you feel?

What conversations does it spark?

These cards are a tiny selection of the  
things we don't talk enough about.

**She** Decides.

TAKE



She Decides.

TAKE



She Decides.

TAKE



She Decides.

TAKE



She Decides.

TAKE



She Decides.

TAKE



She Decides.

TAKE



She Decides.

TAKE



She Decides.

## References

### 1 World Health Organization

<https://www.who.int/news-room/fact-sheets/detail/preventing-unsafe-abortion>

Singh S, Maddow-Zimet I. Facility-based treatment for medical complications resulting from unsafe pregnancy termination in the developing world, 2012: a review of evidence from 26 countries. *BJOG* 2015; published online Aug 19. DOI:10.1111/1471-0528.13552.

### 1 World Health Organization

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Bearak J, Popinchalk A, Ganatra B, Moller A-B, Tunçalp Ö, Beavin C, Kwok L, Alkema L. Unintended pregnancy and abortion by income, region, and the legal status of abortion: estimates from a comprehensive model for 1990–2019. *Lancet Glob Health*. 2020 Sep; 8(9):e1152-e1161. doi: 10.1016/S2214-109X(20)30315-6.

### 2 Royal College of Obstetricians and Gynaecologists

<https://www.rcog.org.uk/en/news/over-25-million-unsafe-abortions-take-place-every-year/>

### 3 UN Women

<https://www.endvawnow.org/en/articles/299-fast-facts-statistics-on-violence-against-women-and-girls.html>

### 4 World Health Organization

<https://www.who.int/teams/sexual-and-reproductive-health-and-research/areas-of-work/female-genital-mutilation/prevalence-of-female-genital-mutilation>

### 5 World Health Organization

<https://www.who.int/news-room/fact-sheets/detail/violence-against-women>

### 6 OCHA reliefweb

<https://reliefweb.int/report/world/16-shocking-facts-about-violence-against-women-and-girls>

### 7 World Health Organization

[https://www.who.int/health-topics/female-genital-mutilation#tab=tab\\_1](https://www.who.int/health-topics/female-genital-mutilation#tab=tab_1)