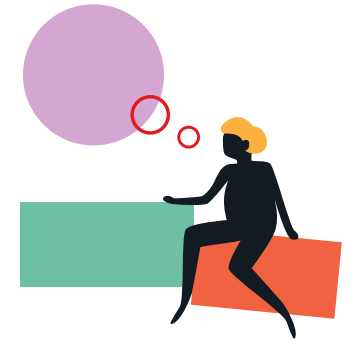


#TAKEYOURSEAT

PHOTO CHALLENGE



Social media copy

Twitter

📣 This **#SheDecidesDay** demand a seat at the table to lead conversations about our bodies, lives and future.

Take a photo of yourself taking your seat at the table

Share using **#TakeYourSeat #SheDecidesDay**

Tag 5 people you want to claim their space

www.shedecides.com/takeyourseat

Let's Talk! For **#SheDecidesDay** I'm taking my seat at the table to talk about **[insert topic]**. We need to talk more about **[topic]** because ...

Let's make our voices heard! What do you want to talk more about? Quote-retweet and let me know! **#TakeYourSeat**
@SheDecidesGFI

Facebook

Instagram

LinkedIn

📣 Calling all women and girls across the world, it's time to **#TakeYourSeat**.

Women and girls are too often left out of conversations where their voice is essential. Today we're demanding our seat at the table to start a conversation about women and girls' bodies, lives, and future. Join us by copying & pasting this post, and taking a photo of yourself taking your seat at the table - at home, the office or anywhere else - be as creative as you can! **@SheDecidesGFI**

Share on social media with the hashtags **#TakeYourSeat**
#SheDecidesDay

Tag five people that you want to take part and claim their space too.

#TakeYourSeat in the conversation - visit www.shedecides.com/takeyourseat

#TAKEYOURSEAT

CONVERSATION STARTER CARD GAME



Social media copy

Twitter

💋 Let's Talk!

Play the **#TakeYourSeat** conversation starter card game from @SheDecidesGFI to spark a discussion where there's silence.

Play here **#SheDecidesDay**: www.shedecides.com/takeyourseat

For **#SheDecidesDay** I'm starting a conversation about **[insert topic]** because ...

What do you want to talk more about? Play the **#TakeYourSeat** conversation starter card game today to spark a discussion where there's silence www.shedecides.com/takeyourseat

Facebook

Instagram

LinkedIn

💋 Let's Talk!

Today **#TakeYourSeat** for a conversation that we don't have enough by playing our conversation starter game.

The **#TakeYourSeat** card game from @SheDecidesGFI helps to spark discussions with friends & family on topics where there's silence such as: consent, sexual pleasure, periods and sexuality.

#TakeYourSeat in the conversation by playing here: www.shedecides.com/takeyourseat