

YOUTH SRHR
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**IT STARTS
WITH US.**

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SRHR YOUTH S

SheDecides.

Dear leaders, champions and decision makers,

**Without sexual health, there is no health.
Without reproductive rights, there is no equality.
Without empowered youth, there is no progress.**

**Because young people may be the future,
but we are here now.**

We are calling upon leaders to prioritize youth SRHR. Not just promises, but action. Investment. Funding. Change.

From sexual and gender based violence to unplanned teenage pregnancies, unsafe abortions and HIV & AIDS, our health is under threat.

To make informed decisions about our bodies, lives and futures, we need access to quality education, contraceptives, and services built for us. But more than anything, we need our voices to be heard. Without us, the global commitments to support young people will not be achieved.

Join us, as we unite with every generation, across borders and barriers, for action on youth SRHR. Together, we can build a better world for the young people of today, and for future generations to come.

It starts with youth SRHR, it starts with us, and it starts now. ←

*Youth are the future,
but youth are also...*

THE PRESENT

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We need action NOW to secure our rights

There are 1.8 billion young people in the world RIGHT NOW.

THE LARGEST GENERATION OF YOUNG PEOPLE IN HISTORY

NEARLY HALF OF ALL WOMEN ARE UNABLE TO MAKE DECISIONS ABOUT THEIR OWN BODIES.
* UNFPA



YOUTH SRHR starts with

COMPREHENSIVE

SEXUALITY



EDUCATION

THAT LEAVES

NO ONE BEHIND



Every young person deserves to be empowered with the facts about our bodies, relationships, and rights.

Let's rise up, take charge, and shape our own destinies!

Say it louder



COMPREHENSIVE SEX EDUCATION SAVES LIVES



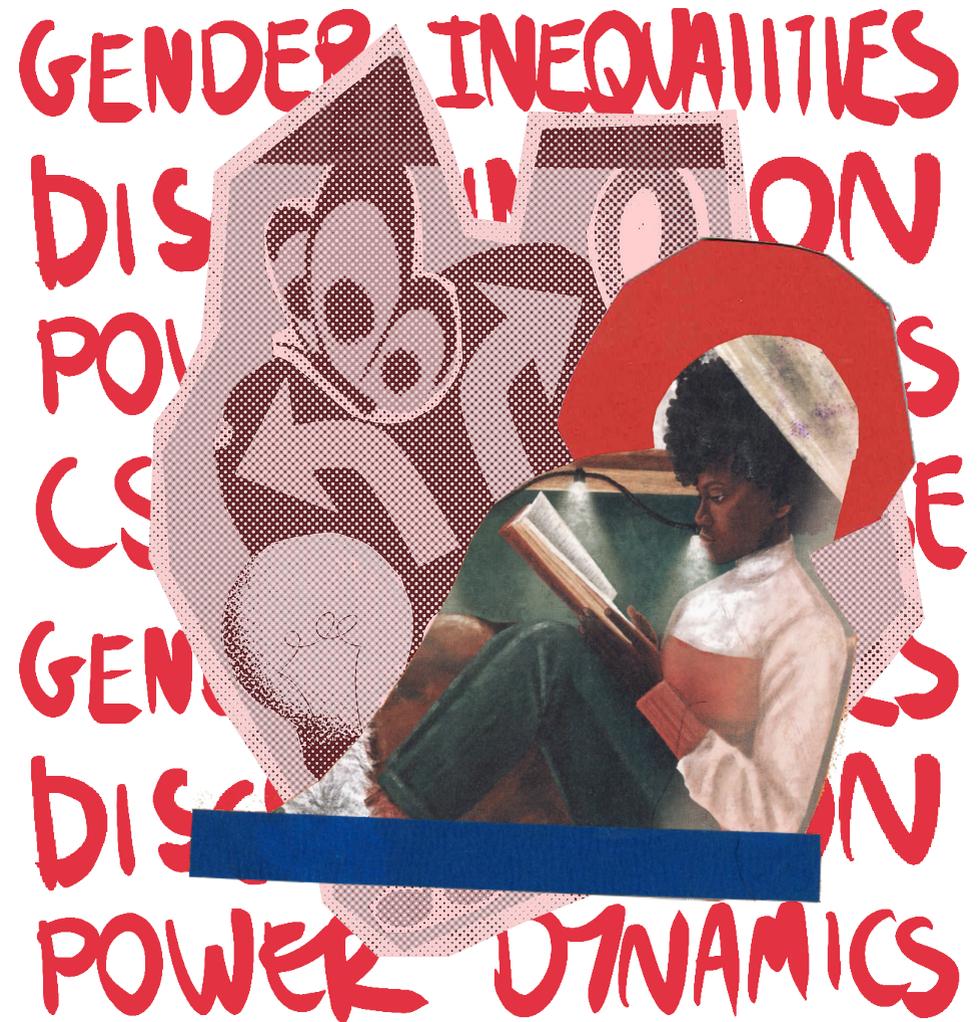
CSE FOR A GENDER EQUAL WORLD.

To thrive in a rapidly changing world, and achieve health for all, we need educational systems that provide equal opportunities for ALL. That means:

- Invest in CSE for in and out of school youth
- Incorporate CSE in the national curricula
- Invest in quality teacher training
- Address marginalised people's needs



When young people learn about gender inequalities, discrimination and power dynamics in CSE, they are five times more likely to act in a way that successfully prevents unintended pregnancy, HIV and sexually transmitted infections.



GENDER INEQUALITIES
DISCRIMINATION
POWER DYNAMICS
CSE
GENDER
DISCRIMINATION
POWER DYNAMICS

Youth SRHR starts with...

More ACCESS to CONTRACEPTIVES and SAFE ABORTION SERVICES



STIGMA AROUND
SRHR

TIME OUT

Birth Control

Generation

Against Abortion?
Don't Have One!

Nearly 4 million girls aged 15 - 19
undergo unsafe abortions each year,
and 16 million give birth.

SOURCE
WORLD HEALTH
ORGANISATION

Safe Abortion is crucial
for **reproductive rights**
and **public health**.

The ICPD reaffirms that all individuals have the right to make decisions about their reproduction free from discrimination, coercion, and violence. This means the right to comprehensive reproductive health services, including access to family planning, contraception, and safe abortion.

MY BODY
MY CHOICE

ACCESS IS
EVERYTHING



A world
where  we
decide
over
↓
→ my body
↑ ↑ ↑

Where governments need to start?

- * Decriminalise abortion.
- * Stop the spread of dis and misinformation on abortion.
- * Work with community leaders to combat stigma and discrimination.
- * Invest in comprehensive abortion care services.



+ stick together to build a united voice to speak up for bodily autonomy and access to safe abortion.

Leaders must listen
to young people
on our needs and
desires around
health and well-being.



We must be
meaningfully engaged
in SRHR service
provision, so that
support is **inclusive**
and **youth-friendly.**

YOUTH SRHR STARTS WITH...

LISTEN
TO
US!!



Maintaining confidentiality and anonymous services.

Invest in service provider capacity building so that they can offer unbiased, responsive care that understands the evolving needs of youth.

Remove financial barriers that prevent young people from accessing health services, e. g out of pocket expenses.

PUTTING YOUNG PEOPLE AT THE CENTRE OF SERVICES

Establishing clear guidelines on what it means for SRHR service providers to be youth inclusive.

Eliminating third-party consent in the provision of SRHR services for youth.

Running campaigns to combat the stigma of accessing services.

Credit providers who are youth inclusive, so that young people can map out their options.

LISTEN
TO
US!!

LISTEN
TO
US!!

LISTEN TO US!!
GABRIELA HEARST, satin corset WHAT KATIE DID, leather sandals DEAR

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and Rutgers

WE ARE THE NOW.
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Let her flourish like you did

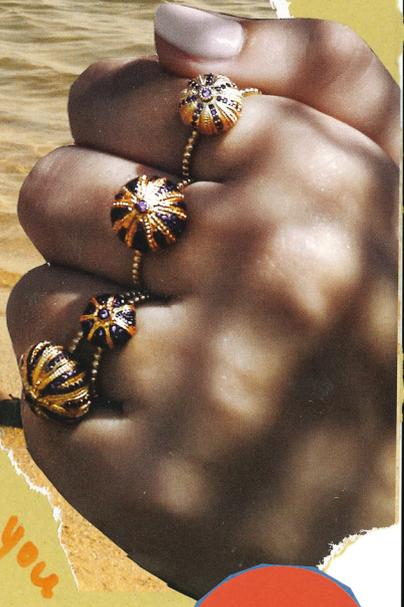
PRO CHOICE



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Who ARE you TO DECIDE?!



#YouthDecides

WHAT WILL PEOPLE THINK?

It's natural to want to gain family and friends' approval. Worrying too much about people's opinions of you, however, creates unnecessary stress



Turn off the torment



change



the



WE NEED TO START WITH YOUTH SRHR.
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NARRATIVE

IT'S YOUR BODY & YOUR LIFE

YOU CHOOSE



Be

The Voice of resistance



When SheDecides

The world is better, stronger, safer.

She decides whether, when, and with whom.

To have sex.

To fall in love.

To marry.

To have children.

She has the right.

To information, to health care, to choose.

She is free.

To feel pleasure.

To use contraception.

To access abortion safely.

To decide.

Free from pressure.

Free from harm.

Free from judgement and fear.

Because when others decide for her,
she faces violence, forced marriage, oppression.

She faces risks to her health, to her dignity,
to her dreams, to her life.

When she does not decide,
she cannot create the life she deserves,
the family she wants,
a prosperous future to call her own.

We - and you, and he, and they - are uniting.
Standing together with her so she can make the
decisions only she should make.

Political leadership and social momentum are
coming together like never before.

But we can go further, and we can do more.

From today, we fight against the fear.

We right the wrongs.

We mobilise political and financial support.

We work to make laws and policies just.

We stand up for what is right.

Together, we create the world that
is better, stronger, safer.

But only if. And only when.
SheDecides.



#YouthDecides

uth are the future, where
ut youth are also... decide

MY BODY
MY RIGHTS
... YOU CAN

YOUTH SRHR

STARTS WITH US.



Want more? Check out SheDecides
YouthSRHR campaign

#YouthDecides

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